



RENEW YOUR FUTURE™

2022 Goals Check-In

CALL TWO

“As you move through the seasons of change and make a deliberate decision to Review and Redo along the way, you can begin to see everything from a fresh perspective. This will generate new opportunities for making things better or creating something completely brand new.”

- Susan C. Young



GOALS CHECK-IN #2

1. Are you who you want to be? How so and/or how not?

2. Reflect on any goals you've already completed. To what do you attribute your success?





3. Reflect on any goals you haven't really started yet. Why? Are you still committed? Why or why not?

4. What responsibilities have you been dodging?





5. How has Resistance manifested in your life this year?

6. What can you do to fight Resistance?





7. Plan-Do-Review: Go through your top "A" Goals from January and revisit them:

	GOAL:	GOAL:	GOAL:
	_____	_____	_____
% Accomplished?	_____ %	_____ %	_____ %
In progress?	YES/NO	YES/NO	YES/NO
Little or no progress?	YES/NO	YES/NO	YES/NO
Still an "A"?	YES/NO	YES/NO	YES/NO
(Zero-Based Thinking)			
What went right?	_____ _____	_____ _____	_____ _____
What went wrong?	_____ _____	_____ _____	_____ _____
Why?	_____ _____ _____	_____ _____ _____	_____ _____ _____
What's Next?	_____ _____ _____ _____	_____ _____ _____ _____	_____ _____ _____ _____





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